

Heart Coffee Roasters
Health and Dental Plans
Premium and Contributions Summary
Bi-Weekly Pay Cycle (26 Pay Periods)
January 1, 2026

Regence Standard Bronze Preferred Network

	Total	Employer monthly	Employee monthly	Employee Contribution
	Premium	Contribution	Contribution	Each Payroll Cycle (26)
Employee	\$489.52	\$367.14	\$122.38	\$56.48
Employee + Spouse	\$979.04	\$367.14	\$611.90	\$282.41
Family	\$1,395.13	\$367.14	\$1,027.99	\$474.45
Employee+Children	\$905.61	\$367.14	\$538.47	\$248.52

Regence Standard Silver Preferred Network

	Total	Employer monthly	Employee monthly	Employee Contribution
	Premium	Contribution	Contribution	Each Payroll Cycle (26)
Employee	\$535.90	\$367.14	\$168.76	\$77.88
Employee + Spouse	\$1,071.80	\$367.14	\$704.66	\$325.22
Family	\$1,527.31	\$367.14	\$1,160.17	\$535.46
Employee+Children	\$991.41	\$367.14	\$624.27	\$288.12

Regence Gold 1500 Preferred Network

	Total	Employer monthly	Employee monthly	Employee Contribution
	Premium	Contribution	Contribution	Each Payroll Cycle (26)
Employee	\$677.95	\$367.14	\$310.81	\$143.45
Employee + Spouse	\$1,355.90	\$367.14	\$988.76	\$456.35
Family	\$1,932.15	\$367.14	\$1,565.01	\$722.31
Employee+Children	\$1,254.20	\$367.14	\$887.06	\$409.41

Regence PPO Dental 1500

	Total	Employer monthly	Employee monthly	Employee Contribution
	Premium	Contribution	Contribution	Each Payroll Cycle (26)
Employee	\$39.44	\$29.58	\$9.86	\$4.55
Employee + Spouse	\$80.49	\$29.58	\$50.91	\$23.49
Family	\$134.09	\$29.58	\$104.51	\$48.23
Employee+Children	\$90.71	\$29.58	\$61.13	\$28.21

Non-Owners: Employer pays 75% for employee only on Standard Bronze, and PPO 1500 Dental, and 0% for dependents. Employees can buy up to a higher level of coverage with additional premium contributions

Some monthly employee premium contributions are not divisible by two, so a .01 rounding is included in employer cost

This page is provided as a guide to employee premium contributions. Confirm rates used with carrier contracted rates

Employee contributions may be taken on a pre-tax basis provided compliance and eligibility criteria are met