

My Mother's Place
 Premium contribution detail
 Bi-Weekly Pay Cycle
 26 pay periods per year
 January 1, 2026 - December 31, 2026

Regence Gold 2000 Preferred Network				
	Total	Employer monthly	Employee monthly	Employee bi-weekly
	Premium	Contribution	Contribution	Contribution
Single	\$705.72	\$352.86	\$352.86	\$162.85
Single + Spouse	\$1,411.44	\$352.86	\$1,058.58	\$488.57
Family	\$2,011.30	\$352.86	\$1,658.44	\$765.43
Single + Children	\$1,305.58	\$352.86	\$952.72	\$439.71

Regence Expressions PPO Dental \$2,000				
	Total	Employer monthly	Employee monthly	Employee bi-weekly
	Premium	Contribution	Contribution	Contribution
Single	\$41.86	\$20.93	\$20.93	\$9.66
Single + Spouse	\$85.43	\$20.93	\$64.50	\$29.76
Family	\$142.31	\$20.93	\$121.38	\$56.02
Single + Children	\$96.27	\$20.93	\$75.34	\$34.77

Some monthly employee premium contributions are not divisible by two, so a .01 rounding is included in employer cost

This page is provided as a guide to employee premium contributions. Confirm rates used with carrier contracted rates

Employee contributions may be taken on a pre-tax basis provided compliance and eligibility criteria are met

Employer pays 50% for employee and 0% for dependents for the medical and dental plan